

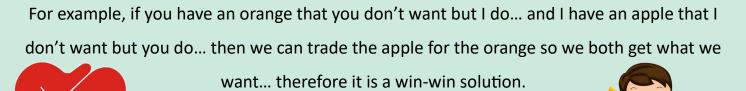


06/2022-VOLUME 12

4 Habits of Highly Effective People

Habit 4: Creating win-win scenarios

Win-win means both people are happy with an exchange.



Habit 5: Seek first to understand, then to be understood

Use empathetic listening to genuinely understand a person.

This will compel them to reciprocate by listening and have an open mind to be influenced.

This creates an atmosphere of caring and positive problem solving.





Habit 6: Synergy

Synergy is the habit of creative co-operation.



It is teamwork, open-mindedness, and finding new solutions to old problems.

People working together can produce much better results.

Synergy is the idea that the whole is greater than the sum of the parts.

When people begin to genuinely interact together, they begin to gain new insight.

Differences should be seen as strengths, not weaknesses.

Synergy is everywhere.

Habit 7: Sharpen the Saw

Renew and strengthen 4 key areas (the body, the brain, the heart, and the soul).

You must eat healthy food, sleep well, get exercise, participate in activities, laugh, and help others.







My Clothes



My name is Sean Pang.

I have a hat. It is blue.

I have a yellow jacket.

My Friend

This is Hazel.

Her dress is pink and yellow.

Her socks are blue.

I also have orange shorts and green socks.



I have white shoes, too.

I like my clothes.

1A Pang Yik Nok, Sean



Her hat is red.

Her jacket is orange.

She is gentle.

1B Kwok Tsz Yau, Fiona



My Friend

This is Eunice.

She is tall and thin.

Her eyes are big.

Her hair is long.

Her nose is small.

Her ears are small.

She is cute and beautiful.

1C Sy Yat Ching, Aggie



Tom's Toy Zoo

There are five lions.

They are brown and yellow.

They are in the cage.

There are twelve giraffes.

They are yellow.

They are on the grass.

There are eight tigers.

They are orange.

They are under the trees.

1D Andy Ye



My Favourite Toy

Today, I want to show you my toy. It is a doll. It is red and purple.

It has short hair. It has a small nose. It is cute. I love it very much.



1E Wong Sum Wai, Corris





A Boy's Day

Today is Friday. Tom gets up at seven thirty in the morning. He washes his face, brushes his teeth and has breakfast. He has eggs, sandwiches, sausages and milk for breakfast. He feels happy.

Then, he goes to school with his mum. They go to school on foot. It takes them fifteen minutes to walk to school. When they arrive, they cannot get into the school. Tom's mum says, 'Oh! Today is a school holiday!' They feel sad because the school is closed.

Finally, Tom goes to Ocean Park with his mum. It is on Hong Kong Island. They play some exciting games and see some lovely animals. They have a good time. They are happy.



2A Cheng Yin Hei, Heidi



Go Hiking

Today is Ching Ming Festival. The weather is great. I go hiking with my mum and my friend,

Hebe. We are so excited!

On the way, we walk and chat and take so many photos. After 30 minutes, we arrive at the top of the hill. The scenery is so beautiful! The sunset is amazing!

This is my first time to go out to play with my friend after New Year. We are very happy!

2B Chen Chi Wan, Rachel

My Weekly Activity

My name is Lucky. I am eight years old. I like Fridays, best.

I like Fridays because I can play football in the park.

I go there on foot. My little brother goes with me.

I like playing football because it is fun.



2D Wu Chak Yam, Lucky





My Class Teacher

My class teacher is Miss Leung. She teaches us General Studies and English.

She never shouts at us. She is good at English and writing poems. She likes playing badminton but doesn't like playing football.

I like her very much because she always play games with us. She is kind, too.



She is my best teacher!

3C Wong Yan Yu, Emily

A Diary Entry

Sunny



6th May, 2022

It was my birthday yesterday. I had a birthday party with my parents and friends. We sang a birthday song and danced. I made a wish and blew out the candles on my birthday cake.

We played games and had party foods such as chicken nuggets and pizza. I got many presents on that day. My friends gave me a mobile phone and some books. I felt happy and excited on my birthday!





My classmate is Lam Sum Yu, Sunny. She is nine years old. She studies in Lok Sin Tong Leung Kau Kui Primary School. She is in Class 3E. She sits on my right.

Sunny is helpful and polite. Her favourite subject is PE. She is good at playing basketball. I like her because she is kind to me. I always chat with her.

3E Chen Siying, Angel





Healthy Eating

Queen: Mirror Mirror on the wall, who is the most beautiful person in this world?

Mirror: I have no idea who the most beautiful person is but it's not you for sure! You eat

a lot of French fries, a lot of meat and a lot of sweets. However, you only eat a few

vegetables. Also, you only drink a little bit of water. Your eating habits are not good!

They are unhealthy!

Queen: Oh my god! What do I need to eat?

Mirror: You need to eat fewer French fries, less meat and fewer sweets.

You also need to drink more water. You can also do some sports in your spare time.

For example, you can play table tennis and badminton.



4E Wong Kwai Wai, Kingsley

The MTR

Do you know how to get to Hong Kong Disneyland from Tin Shui Wai? Let me suggest a way for you.

I would choose the MTR to get to Hong Kong Disneyland from Tin Shui Wai because it is fast. I enjoy sitting comfortably, so I like travelling by MTR.

Although travelling by MTR is comfortable, it is expensive. It is also indirect. It takes about two hours to get there.

5E Chan Sze Tung, Eva





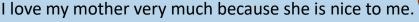
My Family Member



Fanny Chow is my family member. She is my mother. She is noble like a queen.

Her nose is straight like a pen. Her eyes are bright like stars. Her hair is smooth like silk.

Her skin is white like snow. Her face is cute like a cupcake. She is as hard-working as an ant.





6D Ho Tsz Ki, Alice











Yesterday, Kelly went to Tam's Rescue Centre to visit Uncle Ben. She arrived at the centre at 2 p.m. Uncle Ben said to her, 'Hello, Kelly. I miss you.' 'I miss you, too,' Kelly replied. 'How long have you been a helper here?' Kelly asked. 'I have been a helper for 5 years,' Uncle said.

Uncle Ben showed Kelly the animals in the centre and Kelly saw a dog with a white tail, fluffy ears and short legs. It was so cute that Kelly loved it at first sight.

They took two dogs to the park. The dogs played and ran around. Kelly loved playing with them. Kelly thought that she was lucky that she could play with them.

An hour later, they went back to the centre. Kelly helped to feed the dogs but the white dog did not eat anything. Uncle Ben said, 'He is sick.' Kelly took care of it and fed it some medicine. 'Please take me home,' the dog thought. Kelly wanted to take it home.



Then, Kelly saw a black dog. The dog was fluffier than the white dog and it was also cute. She wanted to take it home, too. Which one should she choose?

At last, Kelly got a perfect idea. Why not both? She brought the two dogs home. The dogs and Uncle Ben were happy, but Kelly was the happiest.



5A Kwok Wang Yui, Ayden

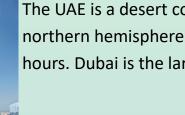




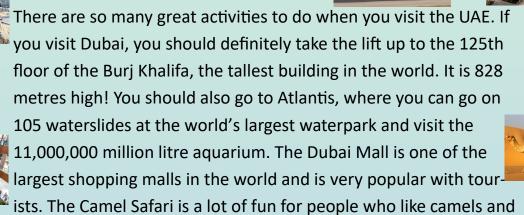
COUNTRY EXPLORATION-

UNITED ARAB EMIRATES





The UAE is a desert country in the Middle East. It is located in the northern hemisphere. The flight from Hong Kong to Dubai is 9 hours. Dubai is the largest city in the UAE.



want to experience the desert. Legoland is a great place for everyone who loves Lego!



Abu Dhabi is the 2nd largest city in the UAE. If you visit Abu Dhabi, your mom and dad can drive fast cars at the Yas Marina Circuit. You can go see the world-famous Louvre Museum to see an amazing art collection. Ferrari World is an exciting place to go on fast rides. The Formula Rossa rollercoaster travels 240 km/h! You can also visit The Souk to see many interesting shops selling clothes, furniture,

antiques, jewellery, or carpets.









CROSSWORD



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Across

- 2. The largest water park in the world.
- 3. The flight from Hong Kong to Dubai takes _____hours.
- 5. Win-win means both people are happy with an
- 8. Habit 6
- 9. Largest city in the UAE.



<u>Down</u>

- 1. Differences should be seen as _____
- 2. You can see an _____ collection at the Louvre Museum.



- 4. If you love Lego, you should go to _____
- 6. You must eat _____ food.
- 7. When you sharpen the saw, you strengthen the body, the _____, the heart, and the soul.